

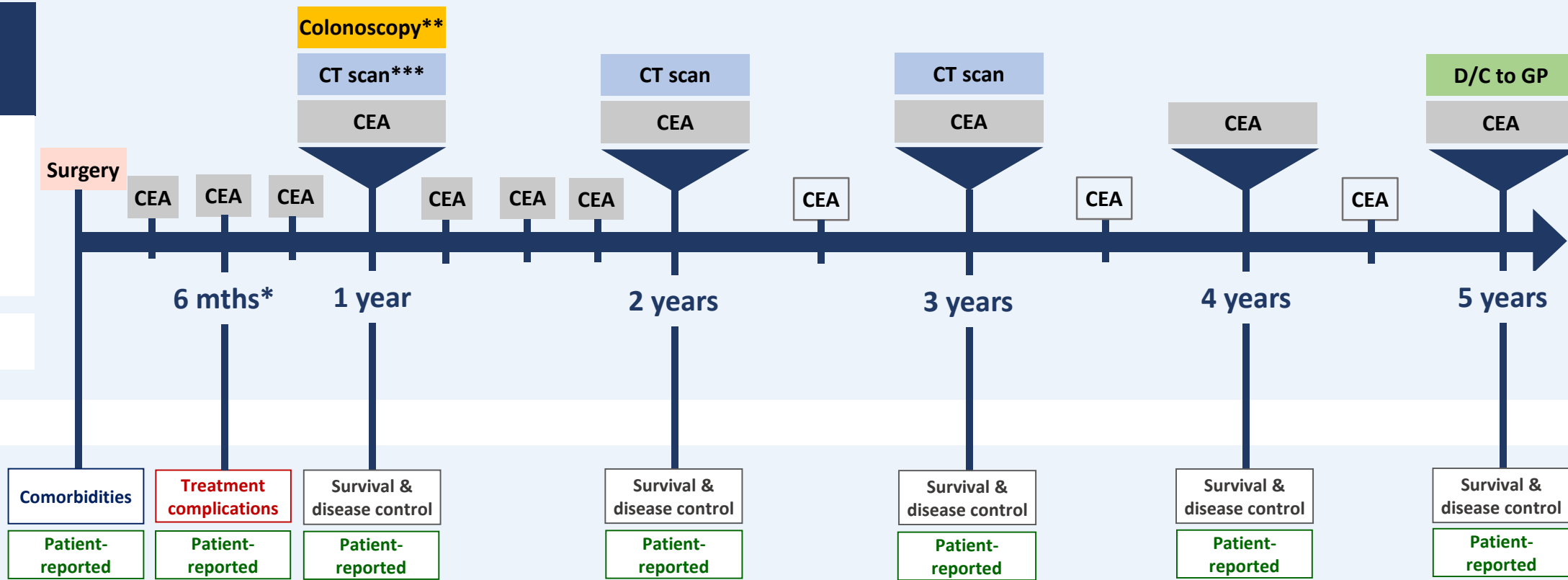
Follow-up protocol: colon and rectal cancer

**Stage I and II
Surgery only**

**Colon cancer
(no adj chemo)**

**Rectal cancer
(no neoadj tmt)**

Owner: Surgeon



* **Time period:** from surgery if disease-free; from CT scan if recurrence or disease progression

** **Subsequent colonoscopy interval:** if normal at 1-year post-surgery, repeat 5-yearly; adenomas- repeat as per adenoma chart; cancer- refer as appropriate.

*** **CT scanning for stage I patients:** not included in recommended routine follow-up in NCCN and Ontario guidelines – up to discretion of clinician.

Filled box = recommended follow-up element

Empty box = optional follow-up element

Follow-up protocol: colon and rectal cancer

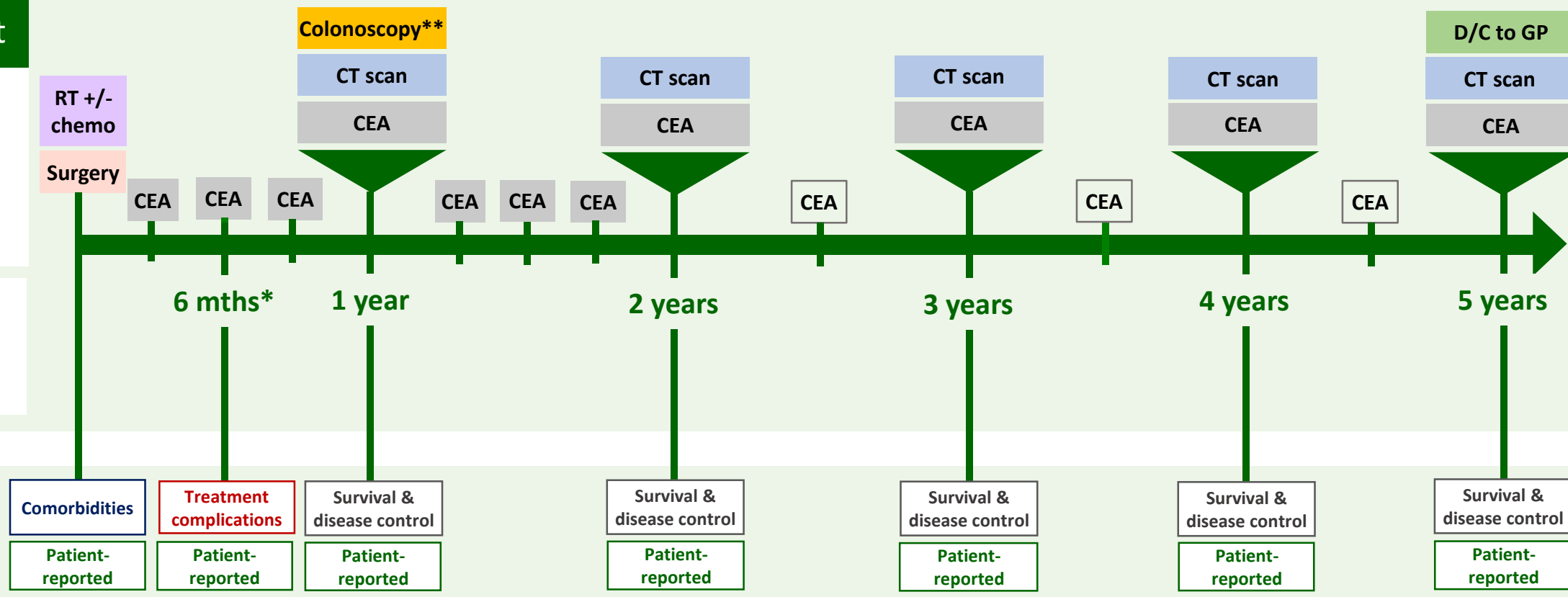


Stage II and III With neo/adj tmt

Colon cancer
(with adj chemo)
Rectal cancer
(with neoadj tmt)

Owner:
Medical/ Radiation
Oncologist

Outcomes measurement points (rectal cancer only)



* **Time period:** taken from first treatment, then resets after second treatment; from CT scan if recurrence or disease progression

** **Subsequent colonoscopy interval:** if normal at 1-year post-surgery, repeat 5-yearly; adenomas- repeat as per adenoma chart; cancer- refer as appropriate.

Stage IV colon and rectal cancer

Owner: Medical Oncologist

Frail patients >80yrs: follow-up with GP

Filled box = recommended follow-up element
Empty box = optional follow-up element



1. National Comprehensive Cancer Network (NCCN), 2017. *Clinical practice guidelines in oncology: colon cancer*, version 2
2. National Comprehensive Cancer Network (NCCN), 2017. *Clinical practice guidelines in oncology: rectal cancer*, version 3
3. Cancer Care Ontario, 2013. *Colorectal cancer follow-up care patient pathway*, version 2013.5
4. National Institute for Health Care Excellence (NICE), 2016. *Surveillance report 2016 – colorectal cancer (2011) NICE guidelines CG131 and improving outcomes in colorectal cancer (2004) NICE cancer service guidance CSG5*
5. European Society for Medical Oncology (ESMO), Guidelines Working Group, Rectal Cancer, 2013. Clinical practice guidelines for diagnosis, treatment and follow-up. *Annals of Oncology*; 24 (Supplement 6): vi81-vi88.
6. Rafferty J, et al. for the clinical practice guidelines committee of the American Society of Colon and Rectal Surgeons, 2015. Practice guideline for the surveillance of patients after curative treatment of colon and rectal cancer, *Disease of the colon & rectum*, 58: 713-725.
7. Australian Cancer Survivorship Centre, Peter MacCallum Cancer Centre, *Follow-up of colorectal cancer survivors*.
8. Cancer Council Australia Surveillance Colonoscopy Guidelines Working Party, 2013. *Colonoscopic surveillance intervals – following surgery for colorectal cancer*, available at: http://wiki.cancer.org.au/australiawiki/images/3/34/Algorithm_for_Colonoscopic_Surveillance_Intervals_-_Following_Surgery_for_Colorectal_Cancer.pdf#_ga=2.21517435.1573391509.1500852300-1776091702.1498187560
9. Cancer Council Australia, 2017 *Clinical practice guidelines for the prevention, early detection and management of colorectal cancer* (DRAFT for consultation), Wiki guideline.

Note: This protocol contains evidence-based recommendations for follow-up, but should be tailored to individual patient needs