

# High Risk Foot Service

Partnering for your Recovery



Wound healing and foot problems are complex. The Multi-Disciplinary High Risk Foot Service specialises in addressing the factors that may slow down wound healing. We partner with you to help with your recovery. You will have the best outcome if you work with us during your care. It is important that you follow the tailored treatment plan and advice we provide you closely.

## The High Risk Foot Service will:

- Set goals for the management of your foot problem
- Help with dressings and footwear
- Assess and treat any foot infections
- Support you with diabetes management and your health
- Advise you on nutrition to assist wound healing
- Provide any referrals needed for vascular and/or orthopaedic surgeons.



## You will need to:

- Follow the advice provided by the team (as closely as you can).
- Attend your appointments - call 1300 647 301 early if you need to reschedule.
- Come to your appointment prepared.
- Wear the recommended dressings and/or footwear.
- Have blood tests and scans done as requested.
- Bring your diabetes logbook or machine (blood glucose meter) to each appointment.

Not following your management plan may impact on the treatment we can provide. If this happens, we may need to refer you back to your GP or other ISLHD wound podiatrists.

**We look forward to working with you to achieve the best possible outcomes.**

**If you have any questions or concerns please ask a member of the team or call:**

**1300 647 301.**

**Need an Interpreter?** Professional interpreters are available if you need help to communicate with staff. Our staff can also ask for an interpreter. The service is free and confidential. We will book the interpreter for you. You can also call the Translating and Interpreting Service on 131 450 if you need to speak to us before your appointment.