

Teacher's Guide

Supporting the wellbeing of primary school children

PRIDE skills



To build a relationship with individual students and make them feel more comfortable, connected and increases their confidence, use the PRIDE skills of: Praise, Reflect, Imitate, Describe and Enthusiasm.

Praise appropriate behaviour

Specifically naming the positive behaviour, 'I liked how you lined up quietly this morning, well done.'

Reflect appropriate speech

Use the student's own words when describing the positive behaviour 'I am colouring in', 'Yes, you are colouring in.'

Imitate appropriate behaviour

Follow the student's lead in free play rather than instructing or taking over.

Describe appropriate behaviour

'You are putting your bag away neatly.'

Enthusiasm

Use a playful voice, show interest and enjoyment.

Whilst using PRIDE skills:

- Begin with praising small steps and gradually reduce the amount of praise or have the student do more to warrant the praise.
- Offer praise both in front of classmates and individually.
- Give attention to positive behaviour, which contributes to a student making better future choices.
- Ignore the student's inappropriate behaviour, (as long as it is not breaking any class rules or is harmful to others), and provide redirection.
- Do not ask questions or be critical.
- Intervene when aggressive or destructive behaviours occur and explain why you are doing so.

If the behaviour persists despite trying a number of interventions, discuss the student's situation with a supervisor or member of the learning and wellbeing support staff at your school.

<https://www.islhd.health.nsw.gov.au/services-clinics/school-link-teachers-guide>