

Trial of Void Client Information Sheet

Ambulatory & Primary Health Care Division

A trial of void assesses the ability of the bladder to empty after removal of an indwelling urinary catheter

The Day Before

- The nurse will make phone contact with you the day prior to your trial of void appointment to:
 - explain the process
 - determine if you will need a home visit or clinic appointment
 - answer any questions you may have regarding your trial of void

On the day

- The nurse will arrange to remove your catheter between 0830-0930hrs
- The nurse will give you a drink and bladder diary form to complete throughout the day. This information is important for the nurse that reviews you at the end of the day to determine if the trial of void has been successful.
- Unless otherwise advised by your doctor, make sure you drink one glass of fluid (250mls) every hour up till lunchtime and then drink normally.
- Continue to do your normal activities around the house
- The nurse will phone you at approximately 12.30pm – 1.30pm to assess your progress and discuss your drink and bladder diary with you.
- If you have any concerns before your scheduled appointment time of _____ please ring _____ to speak with the nurse.
- At your scheduled appointment in the afternoon, the nurse will again review your drink and bladder diary and attend a bladder scan.
- If the trial of void is unsuccessful a catheter will be reinserted.
- The nurse will contact your medical officer and discuss the outcome and your future management plan with you